



New Beginnings Development Services, Inc.

Programs for Mommy to Be and Mommy & Me

Group Home for Pregnant Girls

www.newbeginningsva.com

Monthly Progress Tracking

Name of Mentor: _____ Name of Mentee: _____

Date: _____ No. of Months you have been Mentoring _____

INSTRUCTIONS:

This form is used to document changes or progress you have observed in the mentee. On a scale 1-5, with 1 being the greatest, please rate your mentee. Use the following key:

1-Very High 2- High 3-Somewhat High 4- Low 5-Very Low

You're encouraged to report on your own specific observations within the general meaning of these definitions. Any questions should be referred to the Mentor Program Director. If you feel you do not have enough information based on your interactions with the young person you're mentoring, mark "Don't Know" as necessary.

GOAL AREA #1: CONFIDENCE

- Self-confidence —A sense of being able to do or accomplish something.
- Able to express feelings —Is able to reveal, talk about, or discuss feelings.
- Can make decisions —Thinks before acting and is aware of consequences of behavior.
- Has interests or hobbies —Pursues activities such as reading, sports, music, computers, etc.
- Personal hygiene, appearance —Dresses appropriately and keeps self neat and clean.
- Sense of the future — Knows about educational and career opportunities.

GOAL AREA #2: COMPETENCE

- Attitude toward school - Is positive about going to school and about what can be learned in school.
- Uses school resources - Uses the library, guidance counselors, tutorial centers.
- Uses community resources - Partakes in service activities, libraries, recreation, church/other faith-based activities.
- School performance - Makes good grades or improves grades.
- Able to avoid delinquency - Refrains from behaviors that are illegal for person of his or her age.
- Able to avoid substance abuse - Doesn't use illegal or harmful substances (e.g., drugs, alcohol, tobacco).
- Able to avoid early parenting - Doesn't engage in sexual behavior likely to result in early parenting.

GOAL AREA #3: CARING

- Shows trust toward you - Isn't reluctant to confide in you, to accept your suggestions.
- Respects other cultures - Doesn't stereotype or put down other ethnic, racial, language, or national groups.
- Relationship with family - Interacts well with other family members.
- Relationship with peers - Interacts well with persons of own age.
- Relationship with other adults - Has good interactions with other adults who are not family members.

Beginning Right- Right from the start

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Mentee Progress Survey- To be completed by Program Director

How would you describe any changes in the following areas over the past months?

CONFIDENCE

- Self-confidence
- Able to express feelings
- Can make decisions
- Has interests or hobbies
- Personal hygiene, appearance
- Sense of the future

COMPETENCE

- Attitude toward school
- Uses school resources
- Uses community resources
- School performance
- Able to avoid delinquency
- Able to avoid substance abuse
- Able to avoid second-time early parenting

CARING

- Shows trust toward you
- Respects other cultures
- Relationship with family
- Relationship with peers
- Relationship with other adults

COMMENTS:

Beginning Right- Right from the start

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