



New Beginnings Development Services, Inc.

Programs for Mommy to Be and Mommy & Me

Group Home for Pregnant Girls

www.newbeginningsva.com

Internship Program Information

ABOUT NBDS

New Beginnings Development Services, Inc. is a non-profit organization that provides a structured program for female adolescents between the ages of 13-21 years who need help in the area of behavior management and are either pregnant or a mother, with a child up to the age of 4, to help prepare them for parental responsibility for living in today's society. NBDS' objective is to provide structured programs and services for up to 18 months with a 24-hour qualified staff to aid in their development.

NBDS, Inc. places strong emphasis on the issues of improving prenatal and postnatal care, parenting skills, postpartum depression management, with a secondary concentration in behavioral management. By being placed in NBDS the residents will gain the knowledge and skills needed to live independently with their child.

NBDS will provide an array of early parenting skills/workshops, prenatal/post care focus groups, parent simulation, and individual therapy to support pregnant adolescent. Assistance in finding healthcare providers, vocational/job opportunities will be offered. On-site, structured childcare services will be available. Budgeting and household management will also be offered to prepare self-sufficient living.

NBDS has composed a series of interactive group techniques, which focuses on social and interpersonal skills needed in order to cope with life's challenges. Focus Groups will be provided weekly to customize behavioral issues.

THE INTERNSHIP PROGRAM

NBDS has launched an internship program that will coincide with NBDS' program and provide hands-on experience for students looking to pursue a career in the Human Services field. Interns will be responsible for:

1. Assisting with upholding maintenance of residential site
2. Following the policies and procedures of NBDS
3. Providing supplemental services to adolescents
4. Assisting in minimal administrative tasks
5. Attending periodic field trips with residence

Interns will complete the number of hours stipulated in their contract and will turn in all necessary forms and documentations for placement and completion of the program. Interns will also be responsible for 1-on-1 mentoring of one (1) female resident and will

Beginning Right- Right from the start

www.newbeginningsva.com



New Beginnings Development Services, Inc.

Programs for Mommy to Be and Mommy & Me

Group Home for Pregnant Girls

www.newbeginningsva.com

abide by the mentoring program rules and regulations. Students engaged in a field placement with NBDS shall be governed by the same policies and procedures that govern full-time and part-time employees.

ELIGIBILITY

Students enrolled full-time or part-time at a University is eligible for participation. Students must have a 2.0 GPA and working on a degree (Bachelors, Masters, or Doctoral) in Sociology, Psychology, or any relevant Human Services field. Students must also undergo and successfully pass all necessary drug and background screenings administered by NBDS.

BENEFITS OF THE INTERNSHIP PROGRAM

NBDS hopes to assist interns with many areas of career exploration. It is the goal of NBDS to provide hands on training and 1-on-1 cooperative learning. NBDS' internship program:

- Is your best chance to test out potential career choices. You'll get real-life experience doing the work of an employee.
- Is also a good way to learn about different management styles and work environments. Internships help you learn what type of work suits you.
- Helps you develop professional skills and build a network of contacts. This will help you later when you begin your job search.
- Is the best way to connect the learning you are doing in the classroom to the world of work. Basically, you'll learn by doing.
- Will help you get a job after you graduate. Employers seek job candidates with some type of experience. Internships build your resume and increase your chances of getting hired later.

By participating in the NBDS Internship Program students will be able to explore, first hand operations, trainings, marketing, and managing a pregnant teen group home. Students will also have the opportunity to apply lessons that are taught in the classroom to the work environment.

HOW TO APPLY

NBDS has established the internship program to aid students with successful completion of their degree. Interested students must submit a letter an application and undergo all

Beginning Right- Right from the start

www.newbeginningsva.com



New Beginnings Development Services, Inc.

Programs for Mommy to Be and Mommy & Me

Group Home for Pregnant Girls

www.newbeginningsva.com

background, criminal, and DMV checks required by regular employees. After successful completion of the application a representative from NBDS will contact you for an initial phone screening. After the phone screening, the representative will arrange an in-person interview with the Owner or the Program Director.

DOCUMENTATION REQUIRED

The following documents are needed for entrance into NBDS' internship program:

1. Letter from school stating required hours, curriculum, etc.
2. Letter of Recommendation (to be completed by Professor or Department Head)
3. Transcript (unofficial copy will be accepted)
4. Background, Criminal, and DMV check
5. Proof of current Tuberculosis Shot

After successful completing all the required steps to entering the internship program, the Program Director and Owner will explain all other necessary documentations, projects, and duties that will be required during the length of the Program.

Beginning Right- Right from the start

www.newbeginningsva.com